MASSACHUSETTS LEAGUE of COMMUNITY HEALTH CENTERS

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Geriatrics Program Plan Guidelines

Objectives

1. Provide care to meet the health and psychosocial needs of the elderly.
2. Perform assessments to identify problems.
3. Provide interventions for the problems identified.
4. Maximize patient functional ability and independence.
5. Provide support to maintain patients' viability within the community.
6. Provide assistance and transition support for extended care needs.
7. Create health, social service, and community resource networks.
8. Provide community outreach to elders and their families.
9. Provide support systems for elders and their families.

Components

Physical Health Assessment and Maintenance
Preventive Health Care
Psycho-Social Health
Functional Ability Assessment/Independent Living Maximization
Community Outreach Strategies
Long-term Care/Rehabilitative Services
Family Support Services
Community Resource Networks

- **Physical Health/Preventive Health Care Focus**
  Annual Physical
  Immunization Program (pneumococcal, Td, influenza)
  Annual Dental Visit and Follow-up Care
  Osteoporosis Risk Screening and Treatment
  Annual Nutritional Assessment
  Cardiovascular Assessment and Exercise Program
  Medication Review and Management /"Brown Bag" Evaluation (with each visit)
  Substance Abuse Screening
  Annual Eye Exam
  Annual Hearing Testing
  Fall Risk/Gait Assessment
  Safety/Injury Risk -Home Environment Assessment
  Functional Assessment/ADLs (Activities of Daily Living) - in home and office
  Musculoskeletal/Joint Function Assessment (Arthritis Program)
  Movement Disorders/Screening for Parkinson's
  Continence/Genitourinary Assessment
  Sexual Function (Impotence and Postmenopausal Evaluation)
  Memory/Mental Status Assessment/Dementia Evaluation
  Social Connections/Patient Network Assessment
  Depression/Mental Health Screening
  Hospitalization and Discharge Planning
  Community/Nursing Home Needs Evaluation
  Living Will/Advance Directive/Health Proxy/DNR Status Identification