

Pediatrics and oral care

Updated 3/24/16

Websites

Oral Health Practice Tools – American Academy of Pediatrics

Geared toward pediatricians this site provides many resources on oral health risk assessment, nutrition, oral hygiene counseling, and how to apply fluoride varnish. Some of the resources are available in other languages other than English. Most however are only in English.

<http://www2.aap.org/commpeds/dochs/oralhealth/PracticeTools.html>

FAQ: Fluoride and Children – HealthyChildren.org

This article highlights the importance of fluoride for children. It is setup in a Q&A format. It is available in English and Spanish and also in audio. Geared towards parents. <https://www.healthychildren.org/English/healthy-living/oral-health/Pages/FAQ-Fluoride-and-Children.aspx>

Baby Bottle Tooth Decay – American Dental Association

This article explains what infant tooth decay is and how to prevent it. There is also a 1minute and 30 second video to accompany the text. Geared for parents and available in English and Spanish.

<http://www.mouthhealthy.org/en/az-topics/b/baby-bottle-tooth-decay>

Tooth decay - Early Childhood – National Institute of Health

This article explains what tooth decay is and how to prevent it. Examples include flossing and removing bottles when a baby is sleeping. It is geared toward parents and available in English and Spanish. Visuals are also provided.

<https://www.nlm.nih.gov/medlineplus/ency/article/002061.htm>

Baby Bottle Tooth Decay – Illinois Department of Public Health

This article explains what tooth decay is and outlines the “dos and don’ts” on how to prevent it from occurring. Geared towards parents and available only in English.

<http://www.idph.state.il.us/HealthWellness/oralhlth/oralbabydecay.htm>

Fluoride and Water – Nationwide Children’s Hospitals

This article explains the importance of fluoride for healthy teeth. It explains what fluoride is, what it does to the body, the controversy surrounding its use, and overexposure. There are additional resources at the bottom of the page geared towards kids, teens and parents. The overall article is geared towards parents. Available in English and audio.

http://kidshealth.org/PageManager.jsp?dn=NationwideChildrens_Hospital&lic=238&cat_id=191&article_set=27801&ps=104&m=y

Dental Sealants – National Institute of Health

This article explains what dental sealants are, how they are applied and their costs. Available in English and Spanish and geared towards patients.

<https://www.nlm.nih.gov/medlineplus/ency/patientinstructions/000779.htm>

Sealants – American Dental Association

Geared towards patients, this brief article provides a quick overview of what sealants are and how to prevent tooth decay. There is also a one minute video with more information. Article and audio are available in English and Spanish. There is also a five question interactive quiz.

<http://www.mouthhealthy.org/en/az-topics/s/sealants>

Dental Sealants – Centers for Disease Control

This website is set up in a Q&A format about sealants and oral health. It explains the uses of sealants, method of application and advantages of sealants along with fluoride treatment. Available only in English and geared towards patients. There is an additional link about fluoride that can be found on the side tab.

<http://www.cdc.gov/oralhealth/publications/faqs/sealants.htm>

Sedation Techniques for Children - Colgate

This site is about the different type of sedation that can be used on children during a dental exam to help ease their anxiety/fear. It explains how the sedation works and what to expect from them. Geared towards parents and available only in English.

<http://www.colgate.com/en/us/oc/oral-health/procedures/anesthesia/article/sedation-techniques>

Continuing Education: Practical Oral Care for People with Developmental Disabilities - NIDCR

This site provides information on common oral disorders and their treatments. These include dental caries, and malformations among others. Geared towards patients and available only in English. There are also additional resources found at the bottom of the page.

http://www.nidcr.nih.gov/OralHealth/Topics/DevelopmentalDisabilities/ContinuingEducation_mobile.htm#damaging

Patients with Special Needs – Washington Dental School

This website provides fact sheets for children with multiple disorders and diseases such as ADHD, depression, and HIV. Each fact sheet is specific to disease/disorder and specifies how to have proper oral health with that disease/disorder. Geared towards parents and patients with special needs and available only in English.

<https://dental.washington.edu/oral-medicine/special-needs/patients-with-special-needs/>

Special Care Advocates in Dentistry Modules – Specialized Care in Dentistry (SAID)

This site provides 15 different modules geared towards dentists and pediatricians. These modules address oral health and disabilities such as mental retardation. The articles explain how to diagnose, mental and physical changes in these children and how to take care of their oral health. These articles are available only in English.

<http://www.saiddent.org/modules.php>

A Caregivers Guide to Good Oral Health for Persons with Special Needs – Special Olympics

This website leads to a booklet designed for the caregivers/parents of children with special needs. It addressed how to provide proper oral health for a special needs child. The booklet provides visuals as well. It is available only in English.

[http://media.specialolympics.org/soi/files/healthy-athletes/Special%20Smiles Good Oral Health Guide.pdf](http://media.specialolympics.org/soi/files/healthy-athletes/Special%20Smiles%20Good%20Oral%20Health%20Guide.pdf)

Information charts

A Pediatric Guide to Children's Oral Health – American Academy of Pediatrics

This website gives an overview of healthy children's teeth and the various factors that affect their health. Factors include teething, fluoride varnish and brushing among several others. There are visuals to accompany the article. Geared towards dentists and pediatricians and available only in English.

http://www2.aap.org/oralhealth/docs/OralHealthFCpagesF2_2_1.pdf

A Pediatric Guide to Children's Oral Health (Reference Guide) – American Academy of Pediatrics

This article addresses tooth anatomy and various dental defects and diseases that can occur in children and how to treat/prevent their occurrence. Visuals are provided along with the text. This article is geared towards pediatricians and available only in English.

<http://www2.aap.org/oralhealth/docs/OralHealthRefGuide.pdf>

Early Childhood Caries – California Dental Association

This is a short article on how to prevent dental caries in children. It briefly explains how they can form and gives examples on how to prevent their occurrence. Geared towards parents and available only in English.

http://www.cda.org/Portals/0/pdfs/fact_sheets/early_childhood_caries_english.pdf

Patient booklets

A Guide to Children's Dental Health – American Academy of Pediatrics

This is a brief article that addresses how and when to start properly caring for an infant's teeth to promote good oral health. It identifies when to take the child to a dentist, pacifiers and tooth decay. Geared towards parents and available only in English. <https://docs.google.com/file/d/0B-H10w3hWogiUFQ2TjJVZHVY00/edit?pli=1>

SmileStones (A Guide to Oral Health Milestones) – Washington State Delta Dental

This booklet provides information on oral health for children from the time they are in the mother's womb to school age. The information provided includes the timing of first dental visits fluoride, dental caries and prevention, diet and dental care insurance for kids among other topics. Geared towards parents and available only in English. https://www.deltadentalwa.com/~media/images/foundation/smilestones_final.ashx?la=en

Dental: Baby Bottle Tooth Decay – Nationwide Children's Hospitals

This brief article addresses what dental caries are and how to prevent them in young children. Geared towards parents and available only in English and also PDF format.

<http://www.nationwidechildrens.org/dental-baby-bottle-tooth-decay>

Videos

Knee to Knee Child Oral Exam Video – Smiles for Life

A one minute twenty second instructional video on how to quickly assess a child's oral health. Geared towards providers and available only in English. (Link to video is located under the Resources tab).

<http://www2.aap.org/oralhealth/SmilesForLife.html>

Application of Fluoride Varnish Video – Smiles for Life

A two minute instructional video on the application of fluoride varnish for children. Geared towards providers and available only in English. (Link to video is located under the Resources tab).

<http://www2.aap.org/oralhealth/SmilesForLife.html>

How to Care for Children's Teeth – Colgate

Instructional video on the proper way to brush and care for a child's teeth and overall oral health. Geared towards parents and available only in English.

<https://www.youtube.com/watch?t=91&v=PzmKyUEDj3A>

Baby Bottle Tooth Decay – American Dental Association

Informational video on how to prevent tooth decay in infants. Geared towards parents and available in English and Spanish.

<https://www.youtube.com/watch?t=60&v=SlwiXRmlLyA> <https://www.youtube.com/watch?v=czJisdC9c94>

(Spanish)

Dental Toolkit – Autism Speaks

Informational video on how to care for the teeth of children with autism. Touches on topics of types of toothbrushes, types of toothpaste, flossing, and overall self-help for the child. Geared towards parents and available only in English.

<https://www.youtube.com/watch?t=63&v=HOcA2CT3NL8>

Oral Risk Assessment Toolkit

The following are various oral health assessment charts that determine how at risk a child is for poor oral health. They are geared towards dentists and pediatricians and available only in English.

Oral Health Assessment Tool – American Academy of Pediatrics

http://www.smilesforlifeoralhealth.org/pdf/smilesforlife/Oral_Health_Assessment_Tool.pdf Supplemental

Instruction:

<https://www.dentistry.uiowa.edu/sites/default/files/docs/pediatric/guidelinesforCRA.pdf>

Caries Risk Assessment Form (Age 0-6) – American Dental Society

http://www.ada.org/~media/ADA/Member%20Center/Files/topics_caries_educational_under6.ashx

Caries Risk Assessment Form (Age >6) – American Dental Society

http://www.ada.org/~media/ADA_Foundation/GKAS/Files/topics_caries_educational_over6.ashx

Instructions on how to fill ADA risk assessment form- American Dental Society

http://www.ada.org/~media/ADA/Member%20Center/Files/topics_caries_instructions.ashx